

# SPOKE



Gonestoga College, Kitchener

## Colin James swings into Lulu's

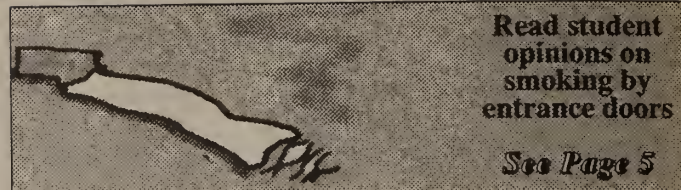
*Photo by Judy Sankar  
Story Page 7*





Fairwe and Conestoga use heads in rugby match  
See Page 12

Commentary  
Cloning humans  
See Page 4



Read student opinions on smoking by entrance doors  
See Page 5

# Building for technology

By Lisa Wilhelm

As the population of Conestoga College increases, the need for additional teaching space has become immanent. This is the case for the two-story technology building being built opposite the machining building on the south side of the school.

David Putt, director of physical resource, said the addition made is just over 7,500 square feet in size, a little bigger than the addition of the School of Business, added on three years ago.

The building will consist of new and old machinery, which will be located on the bottom floor.

"The old, low power machines will be put in the new building and the new machinery will go in the old one because it's a better set up with higher ceilings and better noise control," said Putt.

The top will consist mainly of classrooms and other things that are yet to be determined because there is just no more room for teaching.

"It depends on the direction that we take in the future what will all

be located on the top floor," Putt said. "The classrooms may just be limited to technology students or they may be opened up to Applied Arts, the School of Business or whoever else may need to use them."

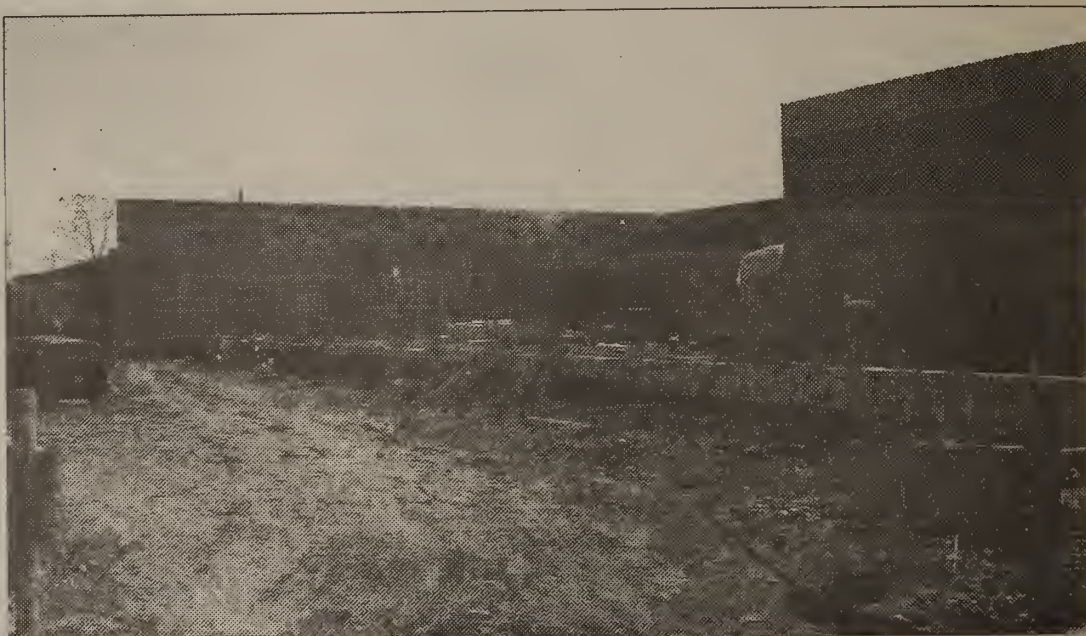
He is certain though, that the addition will definitely be used.

Putt said the reason for the addition is because they are stuck at the moment for rooms. To address the needs in areas such as metal machining, this extra space is needed.

"We are just about running out of space," said Putt. "We are going up in numbers because of the technology boom in the area."

Putt also said that if the top part of the building is used just for teaching, with the number of classrooms and the number of students, they would technically be able to add 1,000 students to the campus.

"It's probably more realistic to say that we shouldn't add more than 300," said Putt. "We have to remember that these students will be moving on to their second and third year and by the time the third



Conestoga College's new technology building is being built on the south side of the Doon property. It's estimated to be finished April of 1999.  
(Photo by Lisa Wilhelm)

year comes, we'll be up to capacity again."

"We have to plan this all very carefully."

The plan to build the addition began six years ago, when other technology sections were added and the idea of that happening

again was put on hold for the future. The School of Business was then added and the college immediately filled up again, demanding the need for another addition.

Putt said that if the school wasn't placing so many grads and the

retention rate wasn't so high, there wouldn't be so many applicants and the need for the addition would not exist. "It's almost as if the high acceptance rate had given us a problem."

"But it is a very nice way to get a problem."

## Annual nursing fair

# Nurses promote health to kids

By Melanie Spencer

Breslau Public School's gymnasium came to life Oct. 16 as sixth-semester nursing students held their annual nursing fair for the first time in Breslau.

"On the count of three, let the participation begin," said Jennifer Beattie, a member of the co-ordinating team, as the 80

"We're trying to teach them how harmful (alcohol) is and how it can mess up their heads."

Carla Schwartz,  
nursing student

Grade 7 and 8 students dispersed into five groups.

Along with co-ordinators Tanda Duguay and Barb Maffre, the team organized the event, which covered five topics: relationship boundaries, eating disorders, peer pressure, substance abuse, and anger management.

During the relationship boundaries session, students learned that the bathing suit area is a private area of the body, as well as how they can say no in four different ways. The nursing students performed various interactive skits to illustrate these techniques, including a hockey skit by Steve Gobran and Sue Starling.

Marlene Zister, a Conestoga College teacher of the sixth-semester nursing students, said by getting the kids involved, you are able to keep their attention.

Another topic presented in an interactive format was substance abuse. The group discussed how various substances affect your body, with an emphasis on alcohol. Volunteers were asked to place their heads on a baseball bat, spin around in circles and then try to walk in a straight line.

"We're trying to teach them how harmful it is and how it can mess up their heads," said sixth-



Nursing students Steve Gobran and Sue Starling perform a skit for Grade 7 and 8 children. (Photo by Melanie Spencer)

semester nursing student, Carla Schwartz.

The goal of the day was to promote awareness and prevent situations these students will face in the future, said Beattie. "We're trying to teach them how to manage their behaviour before they use the health-care system."

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Guidelines being set up to ensure consistency

Web page protocol purpose of new committee

By Jaime Clark

A committee is being set up to establish guidelines and protocol for student organizations who wish to create Web pages connected to Conestoga College's homepage, said Tony Pimenoff, director, information technology services.

The Web committee, which will include student, faculty and administrative representation, will ensure that any Web sites created by academic programs are consistent with the image of Conestoga.

Pimenoff said a Web committee was set up about two years ago but without the resources they needed, the committee "died on the vine."

The Doon Student Association (DSA) and Conestoga Business Students Association (CBSA) currently have Web sites directly

"But, the ownership (of a Web site) is in the hands of the organizations who want the sites."

Tony Pimenoff, director, information technology services

linked to Conestoga's homepage. Pimenoff also said the woodworking program has its own site.

"Our next step is to rekindle the Web committee to identify the guidelines and policies. Once that is done, we will have guidance; a vision aligned with the college."

Members of SPOKE staff met recently with journalism co-ordi-

nator Sharon Dietz to discuss getting Conestoga College's newspaper on line.

"She seemed optimistic and said it was about time we had something on line," said SPOKE reporter Sarah Thomson, who was designated the position of online editor in September.

Joe Martin, dean of applied arts, and Dietz met to discuss having the college's newspaper on line.

SPOKE was later told they would be unable to put the newspaper on line because new guidelines and protocols were going to be established.

Martin said SPOKE was not singled out by not being able to go on line. "Nobody is supposed to be moving along in this area."

The guidelines are being set up to ensure that web pages that are created reflect the image of the college.

Martin said he would like to see SPOKE on line. "I encouraged it," he said.

SPOKE may be able to go on line after Christmas, Martin said.

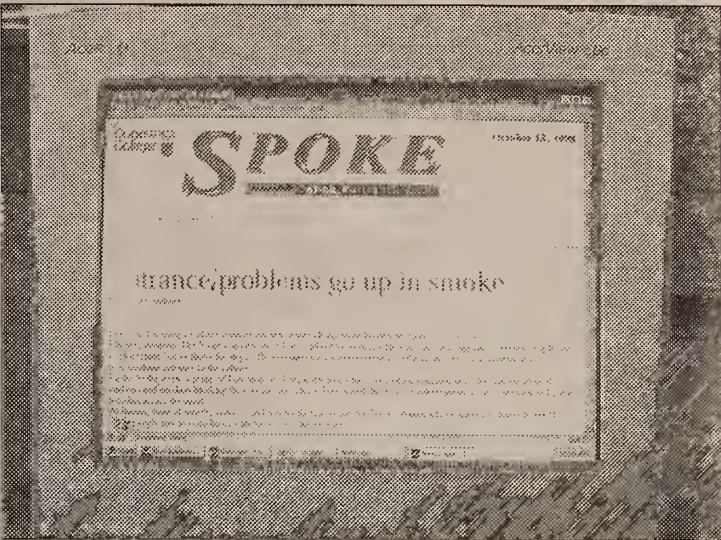
"I was disappointed it wasn't going on line because I put in quite a bit of hours working on the page," said Thomson. "We were far enough along in the Web page that we were able to import stories and pictures."

Grant McGregor, principal of Conestoga College, said until late last year, the college didn't have enough space on the Internet server they were using. "What we needed was a new, dedicated Web server."

McGregor said a new Web server was created last year, which was part of the college's infrastructure upgrading. The procedures began about two years ago when the Internet was being implemented in the computer labs.

McGregor said current issues of Spoke could be put on the server. "Technically, that's not an issue any more. We've got that worked out."

SPOKE would have to establish administrative guidelines within the newspaper itself to ensure consistency from year to year, said



SPOKE's online project is far enough along that stories and pictures are able to be imported. (Photo by Jaime Clark)

McGregor.

Pimenoff said he thought it would be a good idea for SPOKE to be on line. "It would be a terrific vehicle for communicating information." He added that he would eventually like to see all programs with their own Web pages.

"It may well be that if you put it (SPOKE) on the service site, it might draw people in there and to SPOKE."

Grant McGregor, principal of Conestoga College

When students visit the Conestoga College homepage, they will notice a flashing link that says "Conestoga College and Golden Triangle". If students click on that link, they end up at what McGregor calls Conestoga's service site. On this site, located at [www.conestoga.net](http://www.conestoga.net), users can access an online encyclopedia, phone book and other information

resources, as well as find about events being held in different programs.

McGregor said if SPOKE goes on line, it would probably be put on the service site. "It may well be that if you put it on the service site, it might start to draw people in there and to SPOKE."

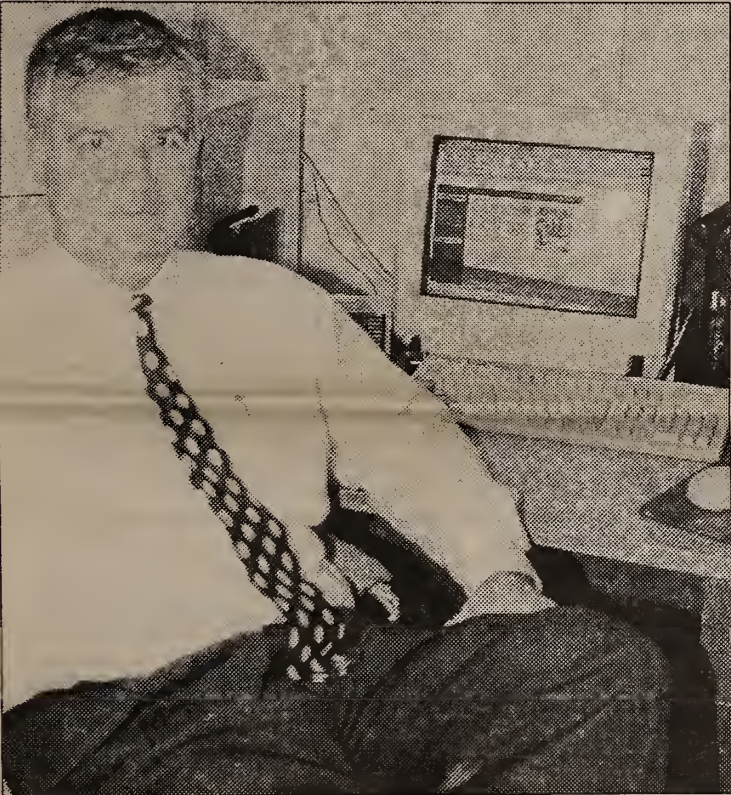
Of the 11 Ontario community colleges with journalism programs, six have online newspapers. These include: Algonquin College in Nepean, Cambrian in Sudbury; Canadore in North Bay; Humber in Rexdale; Loyalist in Belleville and Sheridan in Oakville.

Most universities in the area also have newspapers on the World Wide Web.

Conestoga College, Centennial in Toronto, Niagara in Niagara Falls, St. Clair in Windsor and Oshawa's Durham College do not have online newspapers.

After the Web committee is formed, the rules and regulations of operating a Web page will be established. The committee will help people with the development of the site as well as provide support.

"But, the ownership is in the hands of organizations who want the sites," said Pimenoff.



Tony Pimenoff, director, information technology services. His computer displays Conestoga College's new homepage which is still in the trial phase. (Photo by Jaime Clark)

LASA jackets give students something to show off

By Jacqueline Smith

Students of the Conestoga College law and security administrative program have something to show off.

"A lot of people like to have jackets that say what course they were in instead of the school range, something to show off I guess," said second-year LASA student Miranda Courtenay.

Every year, for the past 20 years,

"We do not make any profit on these jackets whatsoever."

Miranda Courtenay, second-year LASA student

students from the program set up tables on the fourth floor outside Room 4B06.

The program started its yearly sale of jackets on Oct. 15. Anyone can order the products (nylon warm-up, Polar fleece pull-over top, mega-weight sweatshirt) which have the Conestoga crest pre-printed on the sleeves. However, they are intended for LASA students and have "Law and Security" printed on the back of the nylon warm-up and the Polar fleece pull-over.

SPORTCO supplied the products to the program, which then sells them at the suppliers' rate.

"They gave us quite a few samples; we do not make any profit on these jackets whatsoever. It's just something to supply the students," said Courtenay.



Second-year law and security students Miranda Courtenay, left, and Jacqui Mayer sell LASA jackets outside Room 4B06 on Oct. 15. (Photo by Jacqueline Smith)



A baaaaaad idea

# The clone zone

Mammalian cloning has already been accomplished in the form of Dolly, a sheep created in Scotland last year. As the world watched her development, a U.S. physicist prepared to produce four human clones this year, extending the existence of four sets of pioneer parents in the Chicago area for \$1 million per couple. He may have succeeded already.

Richard Seed is considered an eccentric but brilliant embryology researcher, having spent over 20 years studying conception. Although there are substantial differences between sheep and humans, all cloning begins with a single cell whose genes are fused with a specially treated donor egg. Seed predicts his infertility clinic will produce 500 human clones a year, with prices falling rapidly.

Although the idea of replicating people seems wacky, there is also a duality to the ethics that cloning engenders.

On the positive side, scientific intervention through the cloning of healthy genes, organs or body parts to replace diseased, aged or mutilated ones could be deliverance from hell on earth for people. Imagine a paraplegic undergoing spinal regrowth, or a cerebral palsy victim regenerating healthy neural synapses.

But science is growing rapidly, moving blindly into unknown territories and is lacking comprehensive government intervention on ethics and morals. This is a far more serious issue of morality than, say, that of unpartnered packs of people



Dee Bettencourt

descending into bars to couple without commitment.

Some argue that unfettered cloning will accelerate earth's fall from heaven and possibly even create the anti-Christ that millennium prophets have predicted since the start of religion.

Cloning to any large degree would certainly reduce the human genetic pool, possibly add more disease than it could eliminate and divert or twist DNA in ways that could compromise all of humanity.

Seed says he is "a Christian and a Methodist", and thinks the manipulated extension of humans through cloning would make man "become one with God", as if immortality of this sort is a bridge to holiness. Despite the significant temptation in imagining delayed aging and the alleviation of suffering, there is also the question of soul to be addressed.

If we assume humans have souls, how they enter, sustain and exit a body has still yet to be determined. If we can deviate so thoroughly from earthly conception processes, it is possible we can deviate and eliminate that which elevates humans from beasts: soul, having a conscience and communion with a greater Being. It is a chilling thought to think we could err with such magnitude - we just don't know what awaits us.

What would one even call children from cloning - childrone? Perhaps just twins, triplets, centuplets, millituplets? The possibilities are endless.

Without laws in place, we could manufacture peculiar or bizarre humanoid races through hubristic callousness. Even Dolly the sheep might say that is a very baaaaad idea.

## Fantastic soccer season at Conestoga witnessed by few

It's shaping up into a fantastic season for Conestoga's women's and men's soccer clubs. Both teams are regional champions for 1998. This is a great achievement for coach Geoff Johnstone and a just reward for all the hard work he has put into coaching at the college. It is also a testament to his love of the game.

Of course he couldn't have done it without the players.

But has anybody noticed the brave endeavours of these men and women? Apart from a few soccer fanatics, myself included, there has been a veil of indifference about the soccer played here at the college.

Winning the regional championship means the Condors have won home advantage for the quarter-finals. But what kind of a home advantage is it when your support is limited to your own players on the bench and a few friends and family? I've never been big on the get-your-pom-poms-out approach, but this is ridiculous. You should have seen the crowd at Fanshawe when the Condors played them in London last week. They were loud, rowdy, rambunctious and numerous. In other words, everything a good support should be.

As it is right now, the Condors have a crack at winning the Ontario championship and nobody at Conestoga seems to give a hoot.

Pity, because not only do these players deserve much more support from their peers, but also because there is plenty of good soccer to be seen out there on that rugged Conestoga soccer pitch.

When I started following Conestoga's women's team, I must admit my expectations were not that high. Soccer is, after all a man's sport, I thought. Well I thought wrong, and I'll be the first to admit it. These Condor women have shed some light onto my blurred soccer perception, and I can only apologize and thank them. You learn something new every day. The women's games I've covered so far have been more entertaining than many a game of so called top-flight teams I've had the misfortune to watch over the years. Part of that is due to the fact there is no calculating on the part of Johnstone's teams. They go out there to win every time, and if they don't, it isn't for the lack of trying.

Led by their heroic captain Stephanie DenHaan, who is willing to put her head in where many would think twice about putting their

foot, Conestoga's women can be counted on to put on a warrior-like performance every time. Karen Melanson is the main threat up front and many opposing defenders must have nightmares of her when they play the Condors. She is a powerful centre-forward with a great nose for goal. Trisha Yates and Rebecca Miller stand out in the ball-winning department with their aggression and razor-sharp tackles.

That is not to say there is no skill on the team. Far from it. Daniela Sirio has stepped up and become the team's main creative force. Her runs are a joy to watch for any soccer aficionado. Once she is rejoined by Heather Heimpel, I see great possibilities. Heimpel has been injured for much of the latter part of the season, but when she did play she was absolutely superb. Her vision of the game is fantastic. Her passes can split the best defences and Johnstone will be looking for some magic from this influential midfielder.

And then, like icing on a cake, there is keeper Nancy Tucker. The little that gets through the remarkable Condors defence is regularly picked off by Tucker. It's no wonder the Condors have conceded only four goals in six games. With "Big Nancy" in goal I can see how frustrating it can be for opposing strikers.

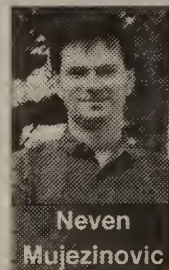
The rest of the squad is made up of women who rarely seek the limelight, but instead stick with the jobs Johnstone has assigned them. Without them and their unselfish sacrifice for the common goal, there could be no success for the Condors.

Watching the men's team has posed a different problem for me. It's hard for someone who'd rather be playing to report on a game. Fortunately for me, I quickly realized that the shape I'm in now warrants me to stick with the notepad and the camera and let these in-shape and in-form athletes write the soccer history of Conestoga on the field. And they have.

Up front the Condors have the most lethal striking duo of any team in the whole OCAA league. Between them, Paul McQuade and Dan Mihelic have scored 12 goals. Add Dwayne Bell to the mix and you've got dynamite. Bell is probably one of the classiest players in the whole league. Though he is most at home as a pure striker, I think he is even more valuable to the team as a playmaker. His first-time touches can turn the game around in one inspirational moment. Derhan Sherifali has grown in every game and he carries the ball with great effectiveness, while his through balls always seem to find a teammate to connect with them.

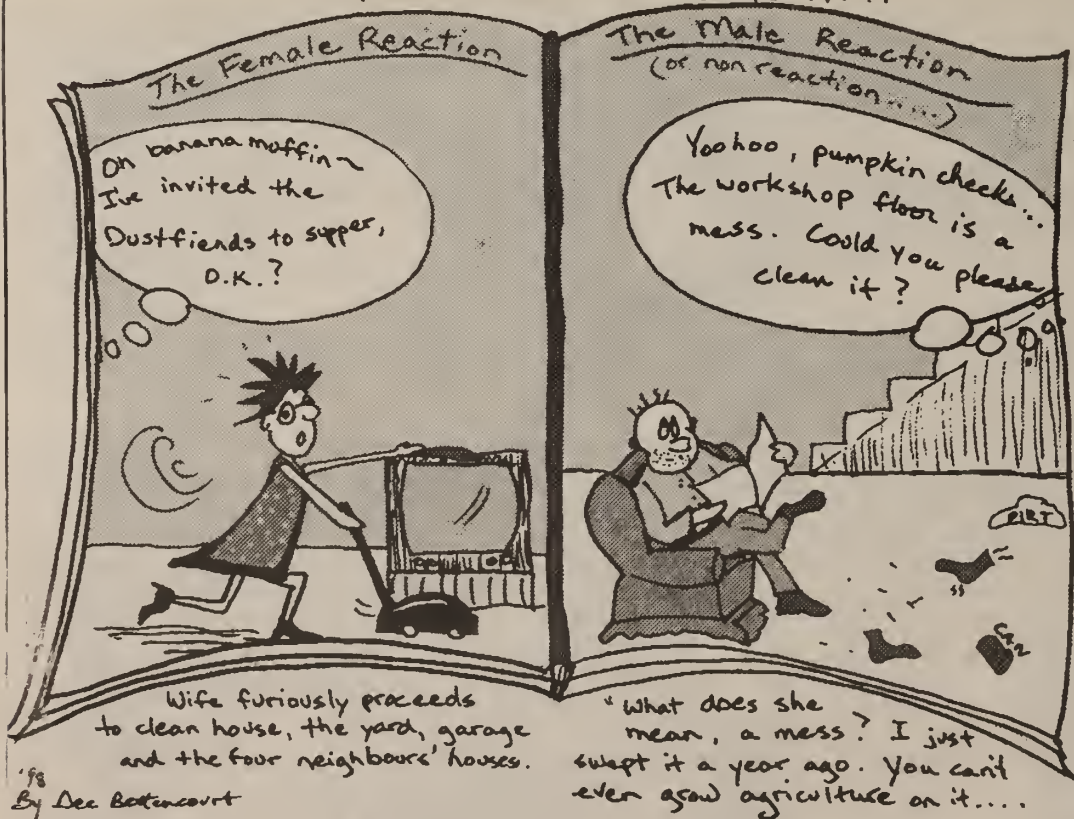
Others add their own specific skills. Paul Mouradian and Zlatko Lakoseljic complete the engine of the team, Andre Pereira has the best sense of position, while Dan Krauter, Marko Jurasic and Lou Caprara battle it out with the oppositions best strikers. Shaun Samuels adds versatility and speed, Joe Shamon's temperament sometimes gets him into trouble, but his talent always bails him out.

I know I've enjoyed myself tremendously watching these Condor women and men. Give it a try this Monday and (hopefully) this weekend. You could get hooked.



Neven Mujezinovic

### A PAGE IN THE LIFE OF DOMESTICITY



'98  
By Dee Bettencourt

# SPOKE

## Keeping Conestoga College connected

SPOKE is published and produced weekly by the journalism students of Conestoga College.

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## Spoke asks the controversial question:

# Should smoking be banned from doors at Conestoga?

By Jacqueline Smith



Rob Versteegen, second-year civil engineering technology student



Hamida Fadul, third-year business administration accounting student



Vicky Costi, first-year law and security student

In a survey conducted at Conestoga College on Oct. 15, more than half of non-smokers do not think all of the doors at the college should be made smoke free. On the other hand, more than half of the smokers think smoking should be banned totally from all of the college's doors.

"No. I don't think the doors of the college should be smoke free," said Anthony Runstedler.

The second-year computer programming student said there is already no smoking allowed inside the building.

"In a way, I agree smokers need somewhere to go, but if that could be overcome I believe all the doors should be made smoke free, and I am a smoker, figure that one out," said Rob Versteegen, a second-year civil engineering technology student.

Vicky Costi, a law and security student, said she does not think all the doors at the college should be smoke-free.

"There are people who want to smoke, and if you have to go really far, like across the street, it is not easy for us," said Costi.

"For example, in the winter time when it is freezing cold outside, I don't think all the smokers are going to want to stand over there," said the first-year student.

Costi said she understand that non-smokers don't want to be around smoke all the time, especially when they are going in and out of school.

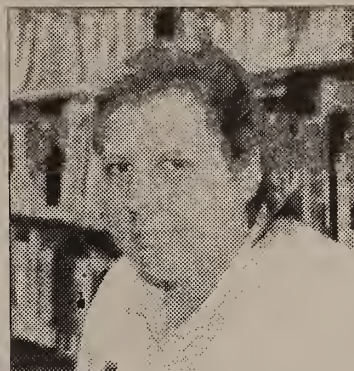
"But I think that Door 5 over there is good enough, if they are going to make one more door smoke free that's fine, but not to make all the doors," Costi said.

"Oh yeah, for sure, the doors

should be smoke free, smoking is bad. It is killing everyone, so many people are dying from cancer," said Jeff Cybulski, a first-year mechanical engineering student who said he is trying to quit smoking.

"No, I don't think all the doors should be smoke free," said Michael Dale.

The instructor said he thinks there should be a more equitable number of doors.



Karen Hyland, first-year graphic design student

"As far as I know there is only one and I think it would be reasonable to make some of the others smoke free as well," said Dale, who says he smokes on and off.

Hamida Fadul, a third-year business administration accounting student, said there should be a special place for people to smoke.

"I have to wait for the bus and I don't like it when people line up at the main entrance smoking," said Fadul.

They should compare the ratio of people that smoke to the ratio of people that do not smoke to figure how many doors to be smoke free, said Isaac Zylbering.

"You have to do it to the majority

of people who smoke," said the third-year mechanical engineering design and analysis student.

"No. There are a lot of smokers and they have a right to smoke if they want to," said Karen Hyland, a first-year graphics design student.

Hyland, who is a non-smoker, said in the winter, smokers need shelter from the wind, but they should respect the rights of non-smokers and stay clear of smoke-free areas.

"I smoke, so I have to say no," said Byron Hason.

The third-year mechanical engineering student said making some doors smoke free would be more reasonable than making every door smoke free.

"It would be nice to have all the doors to the college smoke free, and then have a few designated areas for smokers," said first-year nursing student, Debra Huras.

Wanda Coates, a rehabilitation assistant program student, said there are a lot of people with respiratory problems like asthma and other breathing problems that are affected by smoking.

"Yes, all the doors should be smoke free," Coates said. "I don't think that it is necessary to smoke."

First-year graphic student Lee-Anne Carter said all the doors should be smoke free.

"People who want to smoke should go across the street. Non-smokers should have the freedom to not worry about smoke being

blown in their faces each time they enter or leave the building," said Carter, a non-smoker.

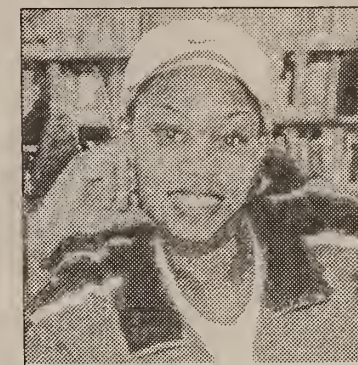
Jason Maggiolo, a second-year computer programmer analysis student, said he smokes, but thinks the main doors, like Door 4, should be smoke free.

"It can get really congested there, especially with everyone standing and sitting on the steps while smoking," Maggiolo said.

"As long as it is outside, smokers should be allowed to smoke, it is open air," said Michael Debsson.

The part-time electrical engineering student said smoking is a habit, and people need somewhere to do it, especially in the winter.

"Otherwise, provide a room for these people. The smoking bothers me but what can I do? You have to think both sides, right?" Debsson said.



Wanda Coates, first-semester rehabilitation assistant student

(Photos by Jacqueline Smith)

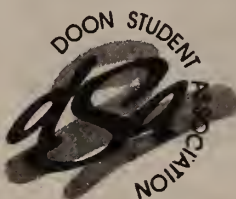
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## Donation worth \$7,000

# Software given to SME student chapter

By Dee Bettencourt

Dana Williams, chair of the student chapter of the Society of Mechanical



Engineering (SME), accepted a MASTERCAM software package valued at approximately \$7,000 on Oct. 13.

(Photo by Dee Bettencourt)

The software was donated from In-House Solutions of Cambridge by general manager Duane Weidinger.

"It's like opening a present," she said, smiling as she opened the software box to pull out installation instructions.

The presentation was also attended by Conestoga College president John Tibbits, who praised the student chapter as "one of the best around," as well as former metal-machining apprentice Weidinger. Weidinger will soon rejoin the college in the capacity of mechanical engineering, advisory-committee volunteer.

"It's very hard to be a world-class institution with just public donations. It's important to receive support from the community as well," said Tibbits.

Stelian George-Cosh, professor of mechanical engineering for the college and faculty advisor for the student chapter, provided a handout stating that the software is the second package for the college.

It will be used by the

90-member student chapter in translating engineering drawings in programs for driving computer numeric control (CNC) machines such as milling machines and lathes.

The current software is integrated in the numeric control (NC) technician and automated manufacturing programs. The new copy will supplement computer resources and increase student access to the software.

When asked what the purpose of monthly student-chapter SME meetings serve, George-Cosh said, "The main purpose is to promote engineering and technology. The students are more and more interested in the professional aspect of their career and look at what the industry can offer. Based on that, they become members of the student chapter."

George-Cosh said the student chapter draws about 100 members from the 350 students at college, which he said is quite a bit. Once they graduate, they can become members in the senior chapter.

George-Cosh said after graduates go into industry they become professionals and executives of the senior chapter of SME, of which there is close to 80,000 members worldwide.

"The main purpose is to promote engineering and technology. The students are more and more interested in the professional aspect of their career and look at what the industry can offer."

Stelian George-Cosh,  
professor of mechanical engineering at Conestoga College

He said the senior chapter is that much stronger than the student chapter due to full-fledged professionals having more money at their disposal.

He said the local senior membership in Kitchener-Waterloo and Cambridge consists of 400 members, with four graduates of Conestoga's mechanical engineering program performing as executive members.

Conestoga college graduate of 1996, Glynis Lindsay, attended the presentation and said she is a professional mechanical engineer about to slide up to chairman-elect position from vice-chairman for the local senior chapter.

Lindsay said before she joined the student SME chapter in her second year of study, she used to ask what mechanical engineers

could specialize in. She was told, "a lot of things." It left her wondering, but she said the student chapter of SME helped her define which way she could go, from robotics to working on conveyor belts, the auto industry to even designing the machining of dentistry parts.

"If it moved mechanically, I could be involved in it," said the self-employed owner of Lindtech Drafting, who also does work for Advance Design and Drafting.

Lindsay said she spends about three to four hours a week in her SME duties such as organizing plant tours, with some weeks requiring more time.

When asked how she feels about this time commitment, she said, "It's been absolutely great for networking. I've met so many people."

## Honouring the best

# Conestoga adviser among Women of the Year

By Brent Clouthier

A member of one of Conestoga College's program advisory committees was included in K-W's 10 Women of the Year Awards during the annual

Oktoberfest event.

Pat Scott, who sits on the committee for the graphic and advertising program, received the Business/Entrepreneur Award on Oct. 5 for her promotional company Creative Options, which

she co-founded with her husband.

She is also president of the company, whose clients include Nike, Xerox and General Electric. Creative Options is the only Canadian company to be awarded the Golden Pyramid, presented by Promotional Products Association International, four times. Scott was one of 43 women nominated for the awards given in 10 categories.

The other winners were Nancy Brawley, Employee; Rita Crispin, Humanitarian; Reta Ellacott,

Senior; Carmen Ferber, Homemaker; Marilyn Greentree, Volunteer; Leigh Hobson, Sports and Fitness; Melanie Martin, Young Adult; Myrta Rivera, Professional and Jane Urquhart, Arts.

Each winner received an engraved silver tray acknowledging their outstanding contributions to their community.

Awards were presented by area Mayors Carl Zehr, Jane Brewer and Joan McKinnon, as well as by several sponsors including Zehr's, Molson's and Sears. The master of ceremonies was CKCO's news anchor Crista Mechliniski.

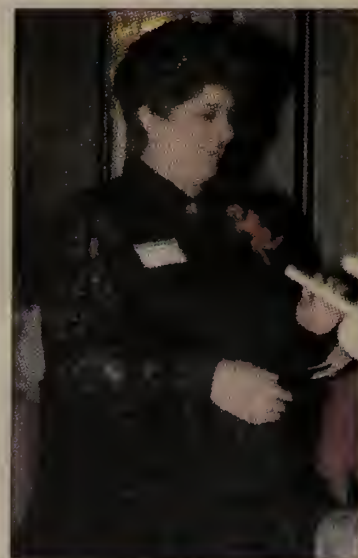
Of the winners, Ferber received a standing ovation for her efforts in raising 11 children, eight of whom were adopted and have special needs ranging from fetal alcohol syndrome to hepatitis B.

Award-winning writer Jane Urquhart was not on hand to receive her award, although daughter Allison did so on her behalf.

Each nominee was escorted into the ballroom by a tuxedoed gentleman while pianist Krista Moyer played selections such as Lara's Theme and Memories.

The evening's guest speaker was Lenna Bradburn, Guelph's chief of police, who gave a rousing and amusing speech concerning the rise of women in Ontario's police forces.

The Women of the Year ceremo-



Homemaker of the year, Carmen Ferber, receives her award and shakes hands with Onkel Hans during the Women of the Year awards ceremony.

(Photo by Darko Zeljkovic)



Pat Scott, of Conestoga College, accepts her Business/Entrepreneur Award.

(Photo by Darko Zeljkovic)

# Buffalo Bills

Sun. Nov. 1

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Showing their Voodoo Thing . . .

# Colin James and the Little Big Band swings into town

By Judy Sankar

"I still enjoy playing rock 'n' roll but right now, in my life, this is where I want to be," says Colin James regarding his transition from rock 'n' roll to swing. James and the Little Big Band performed at Lulu's Nightclub in Kitchener, Oct. 17.

The current album, *Colin James and the Little Big Band II*, is a follow-up to its predecessor released in 1993. Both albums are inspired by the swing era of the 1940s. The album, which will be released in the U.S. in January, was produced by Joe Hardy. James credits Hardy, who mixes a lot for ZZ Top, with the mixing of his favorite song.

"My personal favourite is I'll See It Through but I like I'll See It Through because it's a modern recording of an old-style song, mostly because the producer is a really great mixer," said James in a telephone interview with SPOKE.

James, 34, grew up listening to the likes of Stevie Wonder and Ray Charles. He was heavily influenced by the rhythm and blues style from the beginning. "It's not everyone's cup of tea," he says, "but it's always been mine. Not just blues but R'n'B in general." He's been playing swing and blues since he was a teenager, he says. "I've been kind of caught in a time warp all my life."

James, a native of Regina, Sask., first came to the music scene with his self-titled debut album in 1988. Prior to beginning a



Colin James (center, top right inset) and the Little Big Band, a seven-man group, performed at Lulu's Nightclub in Kitchener, Oct. 17. Pictured above are three of the seven members, Al Webster (drums), Derry Byrne (trumpet) and Rod Murray (trombone).

(Photos by Judy Sankar)

long and successful career in music, he had dropped out of school in Grade 10.

"I was very lucky, although I went for some years when I was really broke, living hand to mouth and moving from city to

city." But James doesn't regret dropping out of school. He says he felt self-conscious about it and his love of history kept him reading all the time.

"If my kid ever asked me how World War I

started, I want to be able to tell her," says the father of a three-year-old girl and a three-month-old boy. He loves history so much that he says he would have liked to be an archaeologist or an anthropologist if he couldn't have been in music.

The balance between James' family and career is hard, he says, especially now that his daughter is older. "Now she's like, 'Daddy, don't go' or 'You've been gone so long.'" James says that the balance between family and work has taught him to value his time more.

"When I was in my early 20s, I just thought life would go on forever," he says. "You stop thinking that way after a while."

The idea of a self-contained working unit combined with the satisfaction of knowing he played well or related to the audience well, is what James enjoys most.

The downfalls, he says, are that he's in a tough business and it's not really safe. "Trying to keep your head out the water and stay in the game is the biggest trick," says James, whose prized possession is a guitar he received after hosting a show in Montreal in 1991. It was signed by Albert King, Pop Staples and Albert Collins among others.

Nine Junos and 21 years later, the most important thing James has learned is best said in his own words. "You have to just keep your head down and keep playing what you believe in. People will try to tell you what they think you should be doing, but half the time they're wrong. Nobody really knows but you and as long as you're true to what you do, you'll probably be happy."

## Chucky's back, but this time he's got a friend

By Rob Himburg

"Hi, my name's Chucky, and I'll be your friend 'til the end, tidy ho, ha ha ha."

Look out horror movie fanatics, your favourite knife-wielding good guy doll is back for the fourth installment of the Child's Play series, *Bride of Chucky*.

Yes, Chucky, whose voice is once again supplied by Brad Dourif, is back, but this time he is not alone. His remains are

recovered from the evidence office of the police station by his girlfriend from 10 years ago, played by a twisted Jennifer Tilly.

Through voodoo, and after some careful stitching and stapling, Chucky is brought back to life and he repays Tiffany (Tilly) by killing her and performing the same soul-transferring ritual on her, transferring her soul into a doll.

What follows are mayhem, murder and quite a few laughs.



The two dolls plot their way back to Hackensack, N.J., where the body of Charles Lee Ray is buried. When he was killed by police, and subsequently buried, he was wearing the amulet which allows their souls to be transferred back into human bodies. But first, they require two willing body donors.

Two teenage newlyweds are the perfect fit for the gruesome twosome, Jesse and Jade, played by Nick Stabile and Katherine Heigl. Unfortunately, when they realize what the dolls are up to, they do everything in their power to destroy them.

Directed by Ronny Yu, this movie is a must-see for those who have seen the first three. Loaded with innovative killings and twisted one-liners and a great ending, it's definitely worth the \$8.50, but it is a little on the short side and contains some really disgusting scenes, so if you have a weak stomach, this isn't for you.

The flick also stars Alexis Arquette as Jesse and Jade's close friend and John Ritter as the over-protective uncle and chief of police.

1 2 3 4 5

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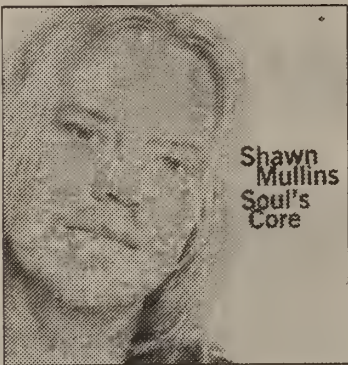
CD Reviews

# Shawn Mullins sings soothing lullabies

By Melanie Spencer

Atlanta's best kept secret is about to become a musical sensation. Shawn Mullins' major label debut, *Soul's Core*, is following the momentum of its first single, Lullaby. Voted Atlanta's Best Acoustic Artist at 1997's Atlanta Music Awards, the singer/songwriter started his musical journey while attending North Georgia College, a military college, where he studied music. While it has been a slow progression from his independent

days to his major label debut, it has given him time to perfect his craft. And it shows on *Soul's Core*. Its 13 tracks are an interesting blend of folk and country, with a sprinkling of hip-hop. Lullaby is currently in heavy rotation on radio stations across the country. The drum loops, which are reminiscent of Sheryl Crow, provide the perfect backdrop to this tale of lost youth in Los Angeles. On Twin Rocks, Oregon, Mullins takes an honest look at his life as a struggling musician. The acoustic guitar provides an intimate



atmosphere for the singer as he ponders his future: "I don't reckon I'll be makin' it big/ you know it's

hard to get rich/ off a tout of coffee house gigs." This honesty is continued in You Mean Everything to Me, dedicated to his partner in life. It's a painfully brutal account of his life on the road and how it affects his personal life. With tenderness in his voice, Mullins compares their passion to a rose; it continues to bloom despite the tests it continually endures. The beautiful background vocals of Shelley Yankus make this song complete. The album closes with Shimmer, a track not available on the indie version of *Soul's Core*. The

countrified beat with drum loops paired with swirling guitars is the perfect background for Mullins' celebration of life. He emphasizes the good qualities of people, including his feeling that we are born to love and never to hate. While Mullins will probably find it difficult to match the success of Lullaby, this album is full of possible singles. The only question remaining is will he fall victim to the one-hit-wonder syndrome or will he go on to receive the attention he deserves.



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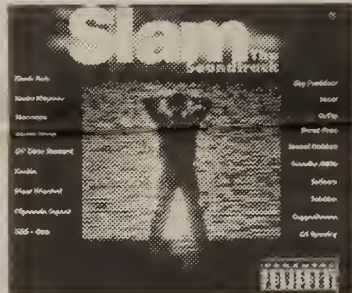


It makes a great coaster.

## Slam soundtrack a must for rap and hip-hop fans

By Melissa Dietrich

Big name rap and hip-hop artists like Coolio, KRS-One and Q-tip are among the 19 contributors to the new movie soundtrack *Slam*. This compilation is ideal for any rap and hip-hop fan because of the notable artists featured and because it has a good beat to dance to.



However, because the CD only features this type of music, people who don't listen to rap and hip-hop will not enjoy it. This over-an-hour-in-length CD also features a song by Big Punisher with the group Next,

called Sex, Money and Drugs. Male artists, with females acting as backup vocals in a couple of songs, perform the majority of the music.

Although the music does have a good beat, the lyrics are rather vulgar. There may be one of the 19 songs on the CD that doesn't have profanity in it.

The parental advisory label on the cover should be taken to heart. The CD is released under Immortal Records, epic records and the Sony Music Soundtrax labels.

Slam is presented by Trimark Pictures Offline Entertainment Group and Slam Pictures. It was written and directed by Marc Levin and stars Raymond Joshua, Sonja Sohn and Bonz Malone. It is also rated R.

The movie is about a poet and rap artist who finds himself struggling to maintain his creativity. For the typical rap and hip-hop fan, this CD is a must buy.



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## Bizzy Bone shows maturity on solo debut

By Judy Sankar

Bizzy Bone's highly anticipated debut solo album has arrived. Most often recognized as a member of the Grammy Award winning Bone Thugs-N-Harmony, Bizzy Bone has created *Heaven's Movie*. Bone, whose real name is Bryon McCane, collaborated with the 7th Sign Regime on his 13-track debut.

In case you aren't familiar with the 7th Sign Regime, it consists of 12 artists including Skails, Lil Nina Ross and H.I.T.L.A.H. Capo-Confuscious. With contribution from so many artists and Bizzy Bone, all songs on the album have a unique sound.



The first single is Thugs Cry, for which the video will be co-directed by Bizzy Bone himself (he is collaborating with Chris Stokes who he worked with on Immature's 'Givin' up the Ghost in 1997). The chorus is similar to that of the Artist's When Doves Cry. Of course, the rest of the song is nothing like that.

The 11th song on the album, (The Roof is) On Fire, is the same tune that many people know, but the words are different. In Bizzy Bone's version, it goes, "the roof, the roof, the roof is on fire/ We don't need nuthin' but the weed and a lighter."

The last song, Social Studies, addresses the Jonesboro killing in which a student walked into his school and opened fire on his classmates. The message of the song is that it doesn't matter if the accused is a kid. He should be tried as an adult and receive the death penalty. Of no surprise, Bizzy Bone doesn't say it that tactfully.

If you've ever had a Bone experience, you know that deciphering the lyrics can be difficult (in some cases that's putting it mildly). This album is no exception. Fortunately, the lyrics are provided with the CD. Overall, *Heaven's Movie* has some good songs. The major downfall is that focusing on the lyrics takes more concentration than it should, ultimately taking away from the music.

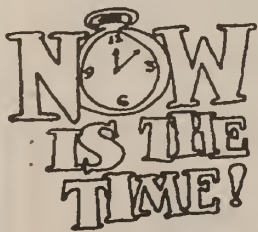
Once you get past the lyrics though, you see that for someone who is only 22, Bizzy Bone certainly has a lot to say. And when you listen to the music, you'll also hear he has learned a lot since recording his first album with Bone Thugs-N-Harmony five years ago.



### Correction Notice

In an article published in the Oct. 5 edition of Spoke, a source said that 50 hours of computer numeric control experience is more than a one-year training course.

According to Charles Koch, program manager of the School of Trades and Apprenticeship, a 14-week program of hands-on CNC training totals 350 hours.



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*The greatest ever?*

# The '98 Yankees have yet to get their due

By Ned Bekavac

Perhaps it's the uncharacteristically uncontroversial 1998 pin-stripe personnel. Maybe it's just the mighty feats of the McGwires and Sosas of the game.

As the 1998 Major League Baseball "season of seasons" lowers its curtains, it is the grandiose accomplishments of Mark McGwire and Sammy Sosa that remain embedded in the minds of North American sports fans.

Give it 20 years.

The 1998 New York Yankees, in almost embarrassingly quiet fashion, have placed themselves alongside the greatest teams ever with a truly phenomenal season.

Walking into Yankee Stadium, the house that Ruth built, it is difficult to ignore the aura, the sense that this team is but a couple of World Series rings away from being proclaimed the greatest ball team of all time.

One hundred fourteen wins in 162 games. The 1998 New York Yankees, in a game where upset victories are commonplace and division titles are clinched months prior to seasons-end, have managed to dominate its opponents night in and night out, in baseball's toughest division, all year long.

Many took notice; not enough cared.

On this night, six months into another grueling major-league season, the Yankees and their fans are in the midst of celebrating another Eastern Division crown, earned officially the night prior, in an ice-it-for-the-record victory over the second-place Boston Red Sox. The Yankees finish 22 games ahead of the Sox.

Yankee stadium, somehow, lives up to its legend. The '98 Yanks, with its bulging batting order and frighteningly consistent pitching staff, will one day parallel this legend.

MVP?

David Wells, perhaps. Wells silenced critics by compiling an 18-4 record, including the historical perfect game, one of only 14 ever thrown at the major-league level, May 17 against the Twins. Bernie Williams, soon to be free-agent/multi-millionaire, batted .339. Tino Martinez tallied 28 home runs and 126 RBIs. David Cone, again, flirted with the Cy Young Award, finishing the season 20-7. Derek Jeter batted .324 while cementing himself as the game's finest shortstop. The '98 Yankees, it seems, have it all, top to bottom. Mariano Rivera, closer, a 1.67 ERA. Scott Brosius emerges the World Series hero.

Monument Park pays homage to the storied Yankees of years past. A plethora of retired numbers decorate the site: Babe Ruth, Lou Gehrig, Joe DiMaggio.

It is the legends of the 1927 Yankees: Gehrig, Ruth, Bob Meusel and Tony Lazzeri, the infamous "Murderers' Row," who the Jeters' and Williams' of 1998 stack against. Free agency is the only threat.

While the '27 Yankees plowed through its opposition with a 110-44 record before sweeping the Pirates in the World Series, the deadly Row compiled 133 of the teams 166 home runs. Gehrig, Ruth, Meusel and Lazzeri collected 544 of the team's 928 RBIs; not quite the all around, top to bottom production of this year's club.

Given the state of North American sport, it's a wonder the '98 New York Yankees resemble, for the most part, the Bronx Bombers of '97. The emergence this year of Shane Spencer and El Duque Hernandez has only added to their unparalleled depth.

Yankee stadium, even on this night, when games count for nothing in the standings, oozes passion and character. The legendarily advertised drunken fist-fights are substituted by drunken high-fives.

The Yankees, participating in yet another "meaningless series" down the stretch, are readying themselves for a dominant post-season. The male-dominated crowd, many fathers and sons, follows and scrutinizes every pitch, every glitch.

If there ever was a template for what ball's greatest team should have as its fans, it is this. Fans clutch their score books alongside their \$5.25 draughts; they gather early, for pre-game parties and batting practice.

"Ber-nie! Ber-nie!" the throng chants. It is Bernie Williams, he is taking batting practice, only. He tips his hat.

Though the Yankees lose three of four to the Blue Jays, it matters little. The Yankees called four players from Columbus, their minor-league affiliate, for the weekend series; already building for the future.

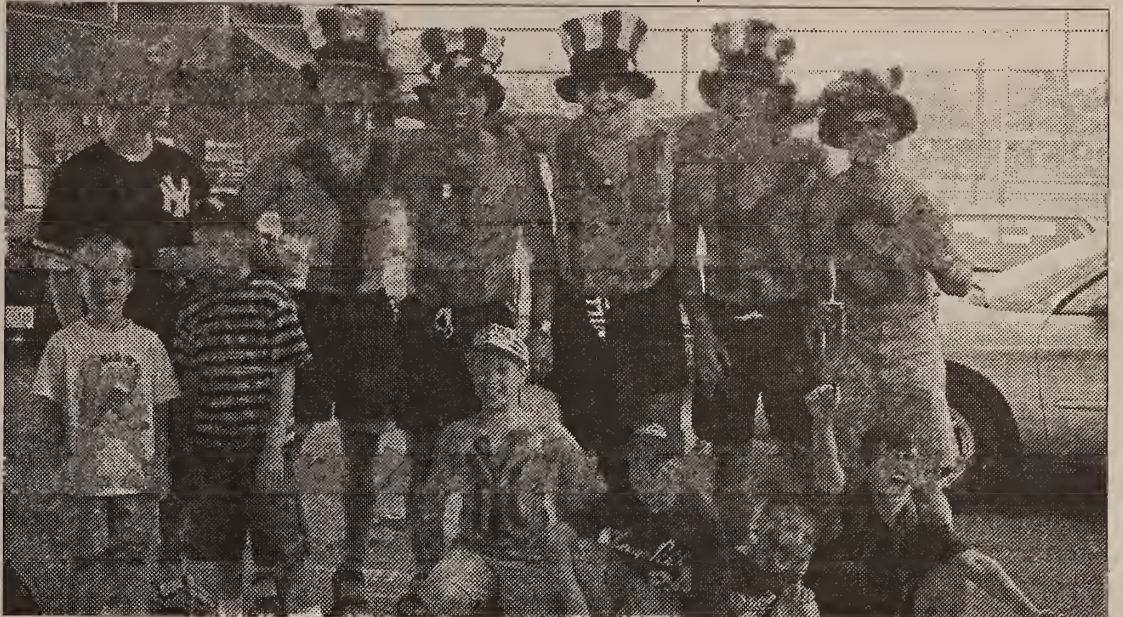
Hideki Irabu, dogged, booed and nearly driven out of the Bronx in 1997 for his lacklustre entrance into the big leagues, is involved in a bench-clearing altercation with Blue Jay Shannon Stewart.

Irabu is cheered raucously. As the crowd exits to Frank Sinatra's "New York, New York," there is a sense this team is merely doing its duty, fulfilling quietly, professionally and compliantly, the enormous expectations thrust upon them.

With Daryl Strawberry sidelined with colon cancer, the season suddenly has another purpose. The Team, for once, is tested.

One hundred twenty-five wins in 175 games. The Greatest Team Ever.

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Yankee fans (from left) Mike Denomme, Tony Bekavac, Jason Rausch, Mark Zaba and Scott Denomme celebrate the Yankees' dream season with fans of the future outside Yankee Stadium. (Photo By Ned Bekavac)

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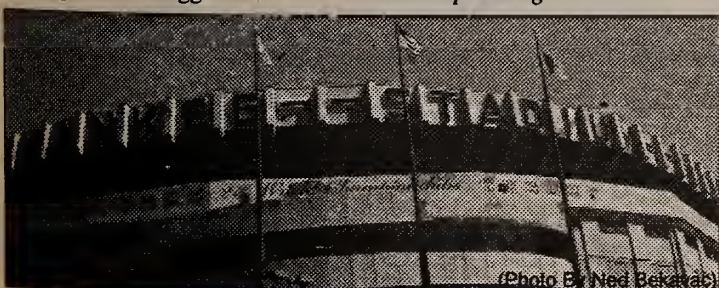
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(Photo By Ned Bekavac)



## Condors hold on in thrilling see-saw battle

# Condors swoop to 6-5 victory over Boreal

By Sarah Thomson

In their second home game of the season, the Conestoga men's hockey team skated to a 6-5 victory in a thrilling game against Boreal on Oct. 17 at Conestoga.

Condor Ramsey Hanlon was the top scorer, netting two goals in the first and second periods. He was close to getting a hat trick but the goal was called a kick in.

Ryan White started off the game with the first goal at 3:55 minutes; Traynor assisted him.

Boreal got on the board at 6:47 with a goal by Dan Tache, tying the score at 1-1.

The Condors dug in with a goal by Traynor who scored at 7:07 with the assistance of Adam Ward. Traynor and Craig McBrearty assisted Hanlon with his goal at 15:12 giving Conestoga a two-goal lead over Boreal.

The Vipers lashed back with a goal by Eric Nadeau at 19:35 assisted by Rene Tache leaving the

Vipers a point behind the Condors at the end of the first.

The Vipers didn't stay there long as Tache tied the score 3-3, at 7:34 into the second. Tache was assisted by Danny Duhaime.

Hanlon assisted by Traynor and Jason Snyder netted his second of the night at 10:57 bringing the Condors ahead by one.

Teammate Corby Purdy widened the gap further with his goal at 12:40 bringing the score to 5-3. Another quick goal at 13:47 by Ryan Martin assisted by Mike Devos and Paul Brown left the Vipers trailing by three points.

The Vipers weren't going down easily as Nadeau netted a goal at 17:47 in the second, Nadeau and Tache assisted him, leaving the score going into the third at 6-4.

Viper Tache, assisted by Dan Bazinet, and Rob Viau slapped in the final goal of the night at 5:32 in the third leaving spectators holding their breath for the rest of the period. The game ended with a

close Conestoga victory, 6-5.

In a post-game interview Boreal head coach, Larry Bedard said he thought his team had a lot of enthusiasm.

"We certainly made a close game of it. I think we were obviously a much better, stronger team. We were faster, bigger and probably, man for man, more talented as well."

Conestoga Condor coach,  
Ken Galerno

He thought they had a chance to fill it out. The team was a little fatigued because they played yesterday losing 5-4 to Seneca.

"The guys pulled it together; they didn't let them get away with anything. They put in a good

effort, but the team was a little shy on the bench with only 13 skaters," said Bedard.

Boreal will work a little bit more on their defensive zone coverage and hopefully they will give Conestoga the same service when they come to Sudbury.

"All in all I think the boys gave it their best, they worked hard, nothing foolish, everybody was under control. It was well-disciplined hockey on both sides. Our game is sure coming along," said Bedard.

"I thought our goaltender Eric Gapeau played an excellent game. We obviously needed more work on our power play setup and breakouts."

Bedard said the players have to get used to playing with each other because they have a bunch of new guys this year.

Condor head coach Ken Galerno said, "We certainly made a close game of it. I think we were obviously a much better, stronger team."

"We were faster, bigger and probably, man for man, more talented as well."

Late Boreal surge

But Boreal had Galerno scared. Conestoga was up 6-3 at one point, and a team can win a game by 6-3 quite respectfully, but if the team allows them to get back into it and then takes some undisciplined penalties it makes it scary, said Galerno.

"It is a win and that is the main thing. It's a good win, and it gives the team some things to work on," he said.

"They moved the puck really well offensively."

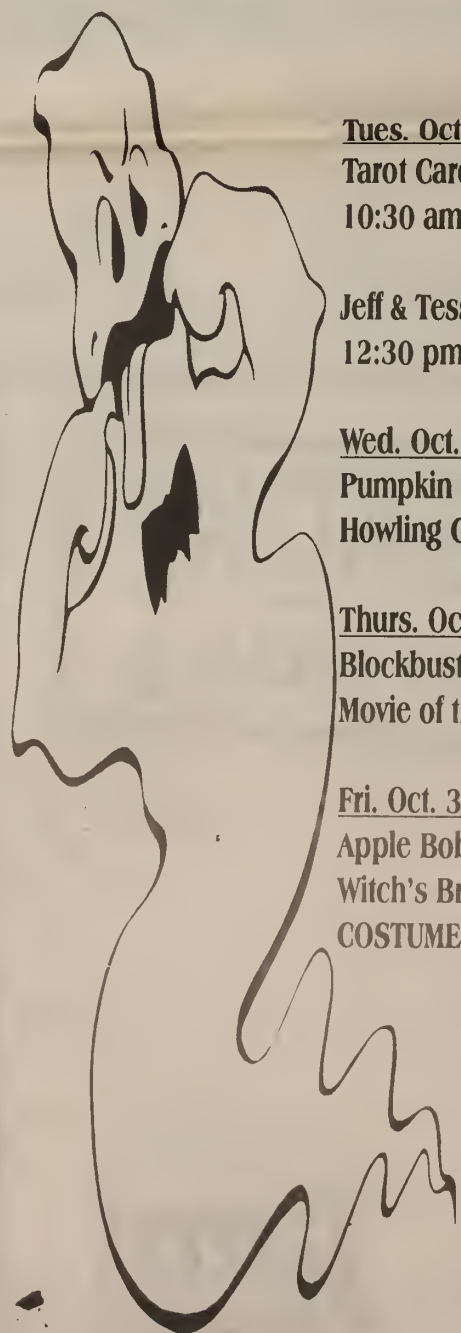
The Condors have great players, and Galerno is delighted, and excited about the opportunity to coach his team.

He mentioned Ramsey Hanlon and Ryan White as playing really strong games.

"When you win your first two home games you gotta be happy. Sometimes you can play a good game and lose, sometimes you can play not your best game and win," said Galerno.

"I think we probably had one of those games, it wasn't our best game but it was a good game and we came out on top."

## FRIGHT WEEK



**Tues. Oct. 27**  
**Tarot Card Readings**  
10:30 am - 12:30 pm

**Jeff & Tessa - Second Sight**  
12:30 pm

**Wed. Oct. 28, 11:30 am**  
**Pumpkin Carving Contest**  
**Howling Contest**

**Thurs. Oct. 29, 1:00 pm**  
**Blockbuster's**  
**Movie of the Week**

**Fri. Oct. 30, 11:30 am**  
**Apple Bobbing Contest**  
**Witch's Brew**  
**COSTUME Contest**



Conestoga Condor Greg Thede goes for the net as Boreal's Serge Niquet dives in an effort to push him to the boards. The Condors won the game 6-5 on the strength of two goals from Ramsey Hanlon.

(Photo By Sarah Thomson)

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**Psychic Tuesday**  
**TAROT CARD READINGS**  
10:30 am - 12:30 pm

**JEFF & TESSA**  
Second Sight - ESP Show  
12:30 pm

Don't leave it up to someone else to give blood

**Tuesday, Oct. 27**  
**The Sanctuary**





# Condor women blank Loyalist 10-0

By Sarah Thomson

The Condors women's softball team enters into the Ontario Colleges Athletic Association's championship this weekend with a 9-3 win loss record, after mercying Loyalist 10-0 on Saturday Oct. 17 at home.

Conestoga's Dana Rooney, pitched a single-hitter game and Terri-Lynn McNeil batted a grand slam at the bottom of the sixth to finish the game. Lori Walden, Cassy Chilton, and Michaela Rock contributed two hits each and Stacie Arsenault brought in a homer.

Loyalist was playing its last game of the year, since they were officially eliminated from a playoff position the night before. Loyalist head coach Dave Kimball said there was a downturn in attitude. "Spirits were definitely down when we started, that was a big factor in the game," said Kimball. "Conestoga had really solid pitching. That really helps when they have such an well-coached team and their hitting obviously demonstrated that."

"It's a good way to end the year by giving up no runs, and blanking the opposition," said Condors head coach Yvonne Broome. Loyalist is a very good hitting team and to hold them to one hit means that you've pitched a very good defensive game. Broome said over the last few games the team has come into their own.

"This team is really working extremely hard. They are a bunch of individuals who are really hard on themselves; extremely hard on themselves."

*Yvonne Broome,  
Condors head coach*

They have really worked hard at trying to become disciplined at the bat.

"Maybe we didn't show it as much today, as what we have in previous games," said Broome. "It was difficult today because Loyalist had been knocked out of



Terry-Lynn McNeil heads for home after hitting a grand slam.

(Photo by Sarah Thomson)

the playoffs last night and weren't really up to the game, therefore players find it hard."

Conestoga still hit the ball extremely well. They have tried really hard to bring up their game to a level where they are focused on what they have to do, said Broome. "They are really working well as a team."

Rooney pitched a really good game, said Broome, she had quite a few strikeouts. The Condors fielded exceptionally well, with one error in the game and that's what they want to do and that's what they have to do next weekend. They have to play very, very tight defensive ball.

"Everybody is helping out one another; it doesn't matter if you are in outfield or on the bench. Everybody is a part of it. Over the last week or two the leadership on this team has really, really come to light. Different players in different games have stepped up to take the leading roles," said Broome. "I really feel this team is a team of leaders rather than individual

leaders. Everybody has a role to play and everybody seems to fill that role."

"This team is really working extremely hard. They are a bunch of individuals who are really hard on themselves; extremely hard on themselves," said Broome. "They want to obtain success so much that we sometimes have to try to control their emotions for them."

They do want to win, they have the heart, desire and determination, said Broome, citing their games against Seneca as an example. The team wanted to beat Seneca really badly and nothing was going to stop them. Their determination kept them fighting back. They ended up beating Seneca 1-0 here, and 5-3 in Seneca. That is the first time Conestoga had beaten Seneca in North York. It was also the first time that the Condors had beaten Seneca in the four years that the Broomes have been coaching. Both games were very, very tough, said Broome.

The championship this weekend is a sudden-death playoff, winners play for gold and losers play for bronze. Second-place Conestoga is battling with Durham in first, and Mohawk and Seneca in third and fourth place respectively.

Any team is capable of beating anyone else, said Broome, it doesn't matter where you were placed before. Whoever comes up big, plays really well and gets the breaks, will win. You need to be talented, good and lucky.

"This team is good. This team is very, very good," said Broome. "I just hope we get the breaks we need to put it all together to bring home a medal for Conestoga."

## Athlete



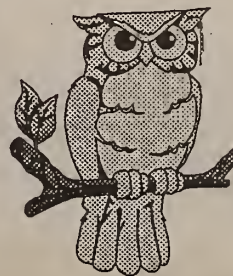
of the Week  
for Oct. 12-17



Karen Melanson

Karen is a second-year Law & Security student and is a striker on women's Soccer Team.

Last week she had a very strong game up front scoring one goal and making other key offensive challenges to help the Condors tie Fanshawe 2-2. This tie was all the women needed to clinch first place overall in the West Division.



## Healthwise



Congratulations you have just caught the common cold! You know you should drink plenty of fluids and call mom for some chicken noodle soup. So just how much should you drink and is there anything else that you could be doing to help yourself?

Unless you have a pre-existing medical condition that restricts fluids, you should be drinking two to three litres a day. This will keep you well hydrated and allow your body to flush out any toxins. If you can, stop smoking while you are ill. Smoking irritates your throat and increases secretions in your lungs. This will increase your coughing.

While you are ill your body is more susceptible to get other infections. Therefore it is important to avoid needlessly exposing yourself (or others) to illness. The easiest and most effective way is by frequently washing your hands. Avoiding large crowds during flu season will also decrease your risk of contracting a second illness.

There are many cold remedies sold over the counter. Most will tell you what symptoms they fight but some of the generic may use medical terminology. Here is a quick translation: Nasal Decongestants relieve stuffy or runny noses. Antitussives are cough suppressants. Expectorants help to loosen up secretions so you can cough easier.

Analgesics relieve aches and pains.

These remedies are only to relieve symptoms, they do not cure your cold. If possible you should buy a cold medication that will treat only your specific symptoms. If you buy a combination that treats more symptoms than you have, then you will be taking medication needlessly. You will also be adding to the number of possible side effects that all medications have. It is important to read all the manufacturer's instructions and follow directions when taking the medications.

For people who do not like to take drugs or who would like to supplement over the counter medication there are some natural methods available.

Vitamin C and Echinacea are both traditional methods used to fight the cold. Humidifying the room; especially in the winter, helps fight a dry mouth and reduces the need to cough. For an aromatherapy treatment add the essential oil of eucalyptus to the humidifier.

Sucking on a throat lozenge or even a hard candy will increase saliva secretions. This will soothe a sore throat and even help to suppress a cough.

Shane Grace,  
Semester 5 Nursing.

Have a question? e-mail Healthwise  
Healthwise@conestogac.on.ca

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# Conestoga Condors regional champs

By Neven Mujezinovic

**T**he stakes were high and so was the tension when Conestoga met Fanshawe. It was the last Ontario Colleges Athletic Association league game of the West Region on Oct. 15 in London.

A win or draw would guarantee first place and automatic passage to the quarter-final round of the Ontario championship for the Condors, while a loss would mean they'd have to play St. Clair to advance to the quarter-finals. Fanshawe had to win in order to get the bye.

The Falcons' game plan was simple; go full-throttle for the win. But on their road to victory stood a determined Conestoga squad. If the Falcons' game plan was simplicity itself, its execution would prove to be far more complex.

The Condors rolled up their sleeves and put in a workmanlike performance to keep the Falcons from achieving their goal.

Just like the first league

"It was a physically very tough game. I thought Fanshawe were very chippy, if not dirty. I was a bit upset about Fanshawe's behaviour."

*Geoff Johnstone, coach*

meeting in Kitchener between these two teams, sparks flew. The importance of the game for both teams made it a charged affair. The referee tried to let the game flow, allowing some fouls to go by unpunished, but many were too blatant to overlook.

Supported by a rowdy and boisterous crowd, the Falcons were by far the more aggressive team. The Condors had to keep a cool head, something they were constantly reminded to do from the bench.

"It was a physically very tough game. I thought Fanshawe were very chippy, if not dirty. I was a bit upset about Fanshawe's behaviour," said Condors coach Geoff Johnstone.

The initial 20 minutes of the first half saw the Condors dominating the game and moving the ball around skillfully.

The best chance in that period

went to Condors' Dan Mihelic, who broke free on a fast break, but was caught by the defender whose sliding tackle prevented him from scoring.

The last part of the first half witnessed an awakening of the Falcons. In the 43rd minute, Condors' sweeper Dan Krauter and keeper Bill Johnson got in each other's way and the ball was robbed by a Fanshawe striker. That shot hit the outside of the post.

In the second half, the Falcons came out attacking. They dominated the first 20 minutes, with the ball almost permanently inside the Condors' half. But Conestoga weathered the storm and managed to establish parity for the rest of the game.

Fanshawe had a few good scoring opportunities, especially when Mike Delgado's excellent shot from 20 metres rocketed just over the crossbar. Francis Molinaro also caught the Condors' defence napping and did everything right except putting the ball into the net. He ran past two Condors and was alone in front of Johnson, who seemed indecisive, but miskicked and the ball went wide.

The Condors had a couple of chances of their own. Coach Geoff Johnstone switched striker Paul McQuade and midfielder Dwayne Bell midway through the second half. Bell, who is a natural striker, but has been playing behind the two forwards to suit the needs of the team, showed why he was the leading goalscorer last season.

With 10 minutes to go, Bell took the ball at the halfway line and tore past three defenders, entered the penalty area and fired. The Falcons' bench let out a huge sigh of relief as the ball cannoned off the post and out of play.

Three minutes later, Derhan Sherifali's excellent through ball found Bell inside the area. Bell turned and released another bullet sending it just over the crossbar.

The scoreless tie rewarded the Condors' tenacious performance and awarded them the championship trophy for the West Region. The Falcons are undoubtedly a good team, as skillful and well-organized as Conestoga, but they sometimes appeared too aggressive and high-strung.

Given the importance of the game and the unrelenting support



Mike Delgado (left) of Fanshawe and Condor Paul McQuade jump for the ball in the OCAA league game in London.

(Photo by Neven Mujezinovic)

from the partisan local crowd the Condors admirably kept their heads in the game, focusing on remaining undefeated.

"Obviously some of our first-year players, who have been playing very well, were actually very nervous, especially in the first half. I think they probably had more of the play than us, but I don't think our goal was as directly pressured as often as theirs was," commented Johnstone after the game.

Condor Sherifali might have (narrowly) lost the beer-chugging contest in the celebrations after the game, but he was a clear winner on the field. His tireless running

and intelligent passes were a crucial factor in the Condors' game.

Another Condor who stood out from the all-round superb team showing was Bell. The difference he makes to the team's overall performance is remarkable.

The Condors will now play the winner of the Mohawk versus George Brown fixture on Oct. 23 with kickoff at 3 p.m. If they advance, Conestoga's men will host the Ontario championship on Oct. 30 and 31.

Meanwhile, the women's team will host the winner of Humber versus Redeemer in their quarter-final fixture on Oct. 26.



Dan Mihelic looks on as Jeremy Sloane of Fanshawe (left) and Dwayne Bell of Conestoga battle for the ball.

(Photo by Neven Mujezinovic)

## Polka Time



Paul Herriot and Tawnya Pulfer, first-year broadcasting students at Conestoga College take part in a polka contest held in the Sanctuary during Oktoberfest celebrations on Oct. 13.

(Wild art by Melissa Dietrich)

## Classifieds

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